



*The Delaware Psychological Association
presents:*

***Long COVID: Research,
Treatments, and
Recommendations
(Part 2 of the Long COVID Series)***

***Friday, May 31st, 12:30-2:30PM
Virtual Event (Zoom)***

***Presented by Hannah Davis, MPS
Facilitated by Zach Radcliff, Ph.D.
2 CE Credits***

Register at depsych.org

PROGRAM DESCRIPTION

As we exit the third year of the COVID 19 pandemic, it is clear that the challenge to the population has been overwhelming and has adversely affected mental health at all ages. We know from past disasters and pandemics that this trauma results in the worsening of anxiety and insomnia. A significant number of people will develop post-traumatic stress symptoms as well as depression.

This program will cover the most up-to-date research on Long Covid as of 2023, its overlaps with similar viral-onset conditions like ME/CFS and dysautonomia, its overlap with mental health, the current available treatments and best practices, and overall recommendations for providing Long Covid care and doing Long Covid research.

WORKSHOP OBJECTIVES

At the completion of this workshop, you will be able to:

1. Describe several major findings of Long COVID biomedical research.
2. List the current available treatments and tests for Long COVID.
3. Describe the factors impacting mental health in Long COVID.

TARGET AUDIENCE

The DPA plans and promotes programs serving the continuing educational needs of psychologists and professionals across a variety of disciplines. Through the provision of high-quality programming, the DPA hopes to support psychologists and other mental health professionals in their commitment to provide ethical, culturally sensitive, and competent services to our community.

PLEASE TAKE NOTE...

“Long COVID: Research, Treatments, and Recommendations” sponsored by the Delaware Psychological Association, has been approved for 2 CE credits. The Delaware Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Delaware Psychological Association maintains responsibility for this program and its contents.

Register at depsych.org

ABOUT THE PRESENTER & FACILITATOR

Hannah Davis, MPS

Hannah Davis is a co-founder of the Patient-Led Research Collaborative (PLRC), a team of Long Covid patients with research, policy, data, design, and medical backgrounds. PLRC did the first research on Long Covid in April 2020; their second paper on characterizing Long Covid is in the most viewed medical papers and was highlighted in the announcement of the \$1.15 billion in Long Covid funding for the NIH. More recently, they awarded [\\$5 million in grants for biomedical research into Long Covid and ME/CFS](#), launched a publication highlighting patient-generated hypotheses, and created scorecards for researchers to improve their patient engagement. Hannah has a background in data analysis and machine learning, with a focus on tools for countering bias in machine learning datasets and on generative art & music. She has published papers on Long Covid, sanitation systems, patient-led research models, and translating novels into music.

Zach Radcliff, Ph.D.

Zach Radcliff is a pediatric clinical psychologist, working in integrated primary care at Nemours Pediatrics in southern DE. He is passionate about equitable access to mental health services, telehealth, and supporting health care workers across disciplines. Other areas of focus for Dr. Radcliff include LGBTQ+, eating disorders, chronic medical conditions, and autism. Of note, he has been navigating his own long COVID so this topic is especially important to him. He also is an avid fan of the beach, his garden, and his family.

Hannah Davis, MPS



Dr. Zach Radcliff



REGISTRATION

Please register online at depsych.org. If you have registration questions, please email delpsychology@gmail.com or call us at 302-475-1574.

Registration Fees (Virtual Option, Recording Available for Purchase):

Attendees	\$30
Students	FREE

CANCELLATION POLICY

Cancellations received by May 30th, 2023, will be refunded in full. No refunds will be granted after May 30th, 2023.

IMPORTANT NOTICE

THOSE WHO ATTEND THE WORKSHOP AND COMPLETE THE APA EVALUATION FORM WILL RECEIVE 2 CONTINUING EDUCATION CREDITS. PLEASE NOTE THAT APA CE RULES REQUIRE THAT WE ONLY GIVE CREDIT TO THOSE WHO ATTEND THE ENTIRE WORKSHOP. THOSE ARRIVING MORE THAN 15 MINUTES AFTER THE SCHEDULED START TIME OR DEPARTING BEFORE THE WORKSHOP IS COMPLETED WILL NOT BE ELIGIBLE TO RECEIVE CE CREDIT.