



*The Delaware Psychological Association  
presents:*

# ***How COVID Impacts People and Your Practice***

***(A Summary of the Long COVID Series)***

***Wednesday, August 30<sup>th</sup>, 12:30-1:30PM  
Virtual Event (Zoom)***

***Presented Doug Tynan, Ph.D., ABPP  
1 CE Credit***

Register at [depsych.org](https://depsych.org)

# PROGRAM DESCRIPTION

As we exit the third year of the COVID 19 pandemic, it is clear that the challenge to the population has been overwhelming and has adversely affected mental health at all ages. We know from past disasters and pandemics that this trauma results in the worsening of anxiety and insomnia. A significant number of people will develop post-traumatic stress symptoms as well as depression.

Regardless of initial illness severity, many individuals who have otherwise recovered from COVID-19 infection endorse novel, persistent cognitive and psychological symptoms that significantly impact their daily lives. These symptoms may be quite disabling and are estimated by recent studies to be associated with inability to return to work and substantial costs in lost wages. This webinar will review the most common patterns of cognitive and emotional syndromes experienced by patients with post-COVID conditions, as well as recommendations for management.

# WORKSHOP OBJECTIVES

At the completion of this workshop, you will be able to:

1. Describe the impact of public health measures enacted during COVID on behavior.
2. Evaluate people referred for care for the emotional impact of COVID deaths in their family and social group.
3. Describe the 2 most common symptoms of long COVID.

# TARGET AUDIENCE

The DPA plans and promotes programs serving the continuing educational needs of psychologists and professionals across a variety of disciplines. Through the provision of high-quality programming, the DPA hopes to support psychologists and other mental health professionals in their commitment to provide ethical, culturally sensitive, and competent services to our community.

## PLEASE TAKE NOTE...

*“How COVID Impacts People and Your Practice”* sponsored by the Delaware Psychological Association, has been approved for 1 CE credit. The Delaware Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Delaware Psychological Association maintains responsibility for this program and its contents.

Social workers, marriage and family therapists, and professional counselors can receive continuing education from continuing education providers approved by APA. Because DPA is approved by APA to sponsor continuing education, licensed social workers, licensed clinical social workers, licensed marriage and family therapists, and licensed professional counselors will be able to fulfill their continuing education requirement by attending DPA continuing education programs.

For further information, please visit the State Board of Social Workers, Marriage and Family Therapists and Professional Counselors (<https://dpr.delaware.gov>).

As an APA-approved sponsor of continuing education, DPA is committed to the identification and resolution of potential conflicts of interest in the planning, promotion, delivery, and evaluation of continuing education. Consistent with concepts outlined in the APA Ethical Principles of Psychologists and Code of Conduct, potential conflicts of interest occur when an individual assumes a professional role in the planning, promotion, delivery, or evaluation of continuing education where personal, professional, legal, financial, or other interests could reasonably be expected to impair his or her objectivity, competence, or effectiveness. No conflicts of interest or commercial support have been identified for this workshop.

## REGISTRATION

Please register online at [depsych.org](https://depsych.org). If you have registration questions, please email [delpsychology@gmail.com](mailto:delpsychology@gmail.com) or call us at 302-475-1574.

### Registration Fees

Attendees Joining the Live Webinar: FREE

(This workshop will be recorded and available for purchase (\$15) 2 weeks after the workshop's conclusion).

Register at [depsych.org](https://depsych.org)

# ABOUT THE PRESENTER

## **Doug Tynan, Ph.D., ABPP**

Dr. Douglas Tynan is a clinical psychologist licensed in PA and DE. He is highly-regarded for his work for many years at Nemours Children's Health serving at various times as the Director of the ADHD Program, Director of Postdoctoral Fellow Training, and Director of the Primary Care Mental Health Program.

Dr. Tynan is a fellow of the American Psychological Association, past president of the Society for Clinical Child and Adolescent Psychology, and current president of the Delaware Psychological Association. He has authored or co-authored more than 50 professional book chapters and peer-reviewed journal articles.

Dr. Tynan is currently at Delaware Family Center. His focus is on evaluation and testing of children, adolescents and young adults with comprehensive psycho-educational evaluations, as well as more focused evaluations of cognitive ability, Learning Disabilities, and Attention Deficit Hyperactivity Disorder.

*Doug Tynan, Ph.D., ABPP*



# IMPORTANT NOTICE

THOSE WHO ATTEND THE WORKSHOP AND COMPLETE THE APA EVALUATION FORM WILL RECEIVE 1 CONTINUING EDUCATION CREDITS. PLEASE NOTE THAT APA CE RULES REQUIRE THAT WE ONLY GIVE CREDIT TO THOSE WHO ATTEND THE ENTIRE WORKSHOP. THOSE ARRIVING MORE THAN 15 MINUTES AFTER THE SCHEDULED START TIME OR DEPARTING BEFORE THE WORKSHOP IS COMPLETED WILL NOT BE ELIGIBLE TO RECEIVE CE CREDIT.

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