

NEW CESPPA QUARTERLY WORKSHOP OPPORTUNITY

# Use of Attachment-Based Family Therapy for adolescents struggling with depression and suicidal thoughts

3 Hour CE Event

Hosted by the Missouri Psychological Association

April 28, 2023 2PM – 5PM Eastern

SAVE THE DATE. This is only an announcement. We will notify everyone when we are ready to accept registrants.

Contact [support@mopaonline.org](mailto:support@mopaonline.org) for questions or requests for assistance



Guy Diamond, PhD, is Professor Emeritus at the University of Pennsylvania School of Medicine and Associate Professor at Drexel University in the College of Nursing and Health Professions. At Drexel, he is the Director of the Center for Family Intervention Science (CFIS). Dr. Diamond is the primary developer of Attachment-Based Family Therapy (ABFT). He has received several federal, state and foundation grants to develop and test this model. His primary work has been in the area of youth suicide prevention and treatment research. On the prevention side, he has created a program focused on training, screening and triage to be implemented in non-behavioral health settings. On the treatment side, he has focused on the development and testing of attachment-based family therapy, especially for teens struggling with depression and suicide. Much of this work has focused on inner-city low-income families. He has served as the VP of Science for Division 43 of APA and has focused his efforts on increasing the visibility of the Division as a leader in Family Intervention Science in APA. He was a main stage presenter at APA's 2022 convention.

Along with his co-authors, Drs. Gary Diamond and Suzanne Levy, Dr. Diamond has written the first book on ABFT, "Attachment-Based Family Therapy for Depressed Adolescents," published by the American Psychological Association. ABFT emerges from interpersonal theories that suggest adolescent depression and suicide can be precipitated, exacerbated, or buffered against by the quality of interpersonal relationships in families. ABFT aims to repair interpersonal ruptures and rebuild an

emotionally protective, secure-based, parent child relationship. The treatment initially focuses on repairing or strengthening attachment and then turns to promoting adolescent autonomy.

Learning objectives:

1. Explain the theoretical foundation of ABFT that guides therapists in therapy implementation.
2. Discuss the purpose of the five treatment tasks.
3. Design therapy to focus on interpersonal growth rather than behavioral control.

Association costs:

- Dr. Diamond is doing this in support of the SPTAs. He will be given an honorarium of \$1,000.
- Speaker and Zoom costs will be divided up between the associations based on your number of registrants (e.g., If 3% of those who register are from your association, you will be charged 3% of the Zoom and speaker costs.) This will protect smaller associations from higher-than-expected costs.
- To expedite this event, Missouri (a small association) will be contracting for extra assistance, so there will be a slightly higher administrative cost of \$2.00 per registrant.

Other important information:

- MPA has partnered with the Hawaii Psychological Association to provide CE certificates; SPTAs also have the option of creating their own CE certificates if desired. If using the HPA CE certificates, please include the following APA-required statement in your advertisement: 'The Hawaii Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. HPA maintains responsibility for this program and its content'.
- Registrants may sign up for either the live or on-demand versions of the event. On-demand will be available for three months following the event. SPTAs have the option of using their own on-demand platform or HPA's Thinkific platform.

My best,

Chuck

Chuck Hollister, PhD  
Chair, CESPPA  
CEO, Missouri Psychological Association