

*The Delaware Psychological Association
presents:*

***Talking with Children about
Race and Identity:
Considerations for Providers
and Caregivers***

***Tuesday, July 14th from 9AM-12:15PM
Virtual GoToWebinar***

***Presented by Dr. Katie Lingras
3 CE Credits***

PROGRAM DESCRIPTION

Children see race. They recognize phenotypical differences among people. However, research shows that not all parents, caregivers, and adults provide guidance (or even space) around how to navigate conversations about race, identity, and racism. And some parents avoid or silence the topic altogether. There are significant repercussions when we do not provide space for these formative conversations, as silence is where stereotypes, biases, and racism are reinforced.

This workshop will focus on navigating discussions around race and racism with children at various developmental levels, why we don't, why we should, and how to start (or continue). Participants will learn rationale behind the importance of having these conversations and concrete skills for initiating and facilitating these discussions and how to apply these principles to also discussing other aspects of identity.

WORKSHOP OBJECTIVES

At the completion of this workshop, you will be able to:

1. Participants will identify preliminary research findings about children's understanding of race/identity.
2. Participants will describe the importance of and guidelines for talking to children about race/identity and racism/discrimination.
3. Participants will learn and practice provided tools for facilitating conversations about race and identity and/or racism/discrimination with children.

TARGET AUDIENCE

The DPA plans and promotes programs serving the continuing educational needs of psychologists and professionals across a variety of disciplines. Through the provision of high quality programming, the DPA hopes to support psychologists and other mental health professionals in their commitment to provide ethical, culturally sensitive and competent services to our community.

ABOUT THE PRESENTER

Katherine (Katie) Lingras is an Assistant Professor and Licensed Child Psychologist in the Psychiatry and Behavioral Science Department of the University of Minnesota, where she specializes in early childhood mental health, emotional/behavioral regulation concerns, and dyadic (parent-child) treatment for children who have experienced trauma. Her clinical work and research are focused on social-emotional development and building the capacities of the adults who care for young children. Dr. Lingras directs the Psychiatry Department's Early Childhood Mental Health Program and also works within the community providing mental health consultation and professional development training in early care and education settings and primary care clinics. Dr. Lingras also founded and co-chairs the Department's first Equity, Diversity, and Inclusion Council. In addition to her research and clinical interests described above, Dr. Lingras regularly conducts community-based trainings integrating her EDI work and child psychology topics.

Dr. Lingras is a certified group leader in the Incredible Years Teacher Classroom Management training and has led child, parent, and teacher groups, and provided mental health consultation for HeadStart/preschool programs and school districts around the country. Dr. Lingras completed her undergrad and co-terminal Master's degrees in Psychology at Stanford University and her doctoral work at the University of Minnesota's Institute for Child Development. In her free time, she enjoys spending time with friends and family, hiking, biking and running the lakes of the Twin Cities, and singing in a community choir.

The presenter does not have any commercial support and/or conflict of interest for this program.



Dr. Katie Lingras

PLEASE TAKE NOTE...

“Talking with Children about Race and Identity: Considerations for Providers and Caregivers” sponsored by the Delaware Psychological Association, has been approved for 3 CE credits. The Delaware Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Delaware Psychological Association maintains responsibility for this program and its contents.

IMPORTANT NOTICE

THOSE WHO ATTEND THE WORKSHOP AND COMPLETE THE APA EVALUATION FORM WILL RECEIVE THREE CONTINUING EDUCATION CREDITS. PLEASE NOTE THAT APA CE RULES REQUIRE THAT WE ONLY GIVE CREDIT TO THOSE WHO ATTEND THE ENTIRE WORKSHOP. THOSE SIGNING IN TO THIS WEBINAR MORE THAN 15 MINUTES AFTER THE SCHEDULED START TIME OR SIGNING OFF BEFORE THE WORKSHOP IS COMPLETED WILL NOT BE ELIGIBLE TO RECEIVE CE CREDITS.

REGISTRATION

Please register online at depsych.org. If you have registration questions, please email delpsychology@gmail.com or call us at 302-475-1574.

Registration Fees:


DPA Members	\$75
Non-Members	\$105
Students	\$25

Cancellation Policy

Cancellations received by July 12, 2020 will be refunded in full, less a \$25 administrative fee. No refunds will be granted after July 12, 2020.

Register at depsych.org

Ψ THE TRUST
INSURANCE PROGRAMS
For Psychologists, By Psychologists



[Click to Learn More!](#)

Endorsed *by the*
Delaware Psychological Association

The Delaware Psychological Association endorses The Trust as its preferred provider of insurance and financial security products and services.