



# USING EMOTIONALLY FOCUSED THERAPY WITH DIFFICULT CLIENTS

## *APPLICATION TO INDIVIDUAL AND COUPLES THERAPY*

**Friday, November 9, 2018 &  
Saturday, November 10, 2018**

**Bethany Beach Ocean Suites  
Bethany Beach, Delaware**

Join internationally renowned EFT trainer, Ting Liu, Ph.D., for a two-day workshop on applying Emotionally Focused Therapy to challenging situations in both individual and couples therapy. Suitable for clinicians with a basic understanding of attachment and family systems, the workshop will teach hands-on techniques for de-escalating intense negative emotions in therapy. Attendees will learn interventions and treatment strategies to interrupt destructive arguments, reduce emotional arousal, create safety, and develop constructive interactional cycles that promote secure bonding. Moreover, therapeutic interventions to engage and empower the inexpressive partners will be introduced.

The workshop will utilize dyadic presentation, video examples, and experiential exercises so participants can immediately apply the skills being taught.

*Friday Workshop - 6 CE Credits  
Saturday Workshop - 3 CE Credits*



Presented by  
**Ting Liu, Ph.D.**



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