



*The Delaware Psychological Association  
presents:*

***Digital Tools/Software: How  
to Choose Really Great Stuff  
and avoid the Not-So-Great***

*Friday, June 10<sup>th</sup>, 12PM-1PM  
Virtual Zoom Webinar*

*Presented by Susan C. Litton, Ph.D.  
1 CE Credit*

Register at [depsych.org](https://www.depsych.org)

## PROGRAM DESCRIPTION

There are TONS of digital products we can use in our practices these days. Not only are there a lot of EHRs from which to choose, but there are also SO many different tools and approaches for accomplishing the tasks we need in the day-to-day running of our practice that it can become overwhelming. This workshop will teach you concepts, so you'll be able to make wise choices in the seemingly never-ending offerings of new tools to make our lives easier. We'll go into the concept of integrated products a little more deeply to highlight those advantages. We'll also talk a bit about what's available, i.e., tools that truly MAY make your life easier. Finally, we'll discuss patient portals – why they're important and how to shop wisely for one.

## WORKSHOP OBJECTIVES

At the completion of this workshop, you will be able to:

1. Participants will be able to list one pro and one con for both WebRTC types of video platforms (e.g., Doxy.me) and native app platforms (e.g., Zoom).
2. Participants will be able to list at least 3 practice management tasks that can be done with digital tools/EHRs.
3. Participants will be able to list at least 3 tools a patient portal should have and explain why threaded email (as opposed to simple memo type products) is an important portal tool.

## TARGET AUDIENCE

The DPA plans and promotes programs serving the continuing educational needs of psychologists and professionals across a variety of disciplines. Through the provision of high-quality programming, the DPA hopes to support psychologists and other mental health professionals in their commitment to provide ethical, culturally sensitive and competent services to our community.

# ABOUT THE PRESENTER

Susan C. Litton, Ph.D. holds degrees in both mental health and IT and is actively engaged with careers in both. In mental health, Dr. Litton has been a clinical psychologist in private practice in Atlanta, GA since 1985. In IT, she's the creator and driving force behind the PSYBooks EHR & Portal ([www.psybooks.com](http://www.psybooks.com)), an online practice management system (EHR) for mental health professionals. Dr. Litton is also a charter member of the Coalition for Technology in Behavioral Science (CTiBS) and served for a while as a representative to the HL7 CBCC Workgroup, which is tasked with, among other things, developing international standards for EHRs.



*Susan C. Litton, Ph.D.*

# DIVERSITY STATEMENT

Some EHRs use forced-choice formats that can be invalidating to individuals belonging to non-dominant groups. A common problem is around gender identity in that some EHRs don't ask about gender at all, and for "sex" only offer a forced choice, i.e., male or female, since that's what's required by insurance companies. Lau et al (2020) have discussed this issue in terms of the lack of precise and inclusive language for gender, sex and sexual orientation (GSSO).

The "forced choice" format of some EHRs can also create problems when asking questions about race and/or cultural heritage. We will discuss this and any other issues that some EHRs may pose for non-dominant groups as well as possible ways to alleviate the issues.

## PLEASE TAKE NOTE...

***"Digital Tools/Software: How to Choose Really Great Stuff and avoid the Not-So-Great"*** sponsored by the Delaware Psychological Association, has been approved for 1 CE credit. The Delaware Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Delaware Psychological Association maintains responsibility for this program and its contents.

## REGISTRATION

Please register online at [depsych.org](https://depsych.org). If you have registration questions, please email [delpsycho@gmail.com](mailto:delpsycho@gmail.com) or call us at 302-475-1574.

### Registration Fees:

DPA Members	\$25 (Optional \$25 Donation)*
Non-Members	\$35 (Optional \$25 Donation)*
Students	\$15

\*If you would like to make a \$25 donation to the Equity, Diversity, and Inclusion in Psychology Scholarship Fund, you can do so upon registration on our website at [depsych.org](https://depsych.org).

Register at [depsych.org](https://depsych.org)

The DPA recognizes the study and practice of psychology exists within a majority culture that does not afford equitable access and opportunity to all and is striving to actively dismantle policies and processes that oppress individuals and groups. In our effort to shift systemic inequalities and foster inclusion and equality, we are starting a fund that will provide yearly grant awards to students and professionals of color at the secondary, undergraduate, graduate, and post-doctoral levels as well as established professionals and career changers. Awards may be used for a variety of pursuits, that may include, but are not limited to the following:

- Conference fees and travel.
- Clinical consultation support.
- Research support.
- Dissertation consultation support.
- Professional licensure test fees (EPPP, ABPP).
- Test prep materials (GRE, EPPP).
- Other.

We are accepting EDI Scholarship Applications for the Spring of 2022.

## CANCELLATION POLICY

Cancellations received by June 8, 2022, will be refunded in full. No refunds will be granted after June 8, 2022.

## IMPORTANT NOTICE

THOSE WHO ATTEND THE WORKSHOP AND COMPLETE THE APA EVALUATION FORM WILL RECEIVE ONE CONTINUING EDUCATION CREDITS. PLEASE NOTE THAT APA CE RULES REQUIRE THAT WE ONLY GIVE CREDIT TO THOSE WHO ATTEND THE ENTIRE WORKSHOP. THOSE SIGNING IN TO THIS WEBINAR MORE THAN 15 MINUTES AFTER THE SCHEDULED START TIME OR SIGNING OFF BEFORE THE WORKSHOP IS COMPLETED WILL NOT BE ELIGIBLE TO RECEIVE CE CREDIT.

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