



The Delaware Psychological Association is pleased to sponsor:

***LGBTQ++... “Alphabet Soup” and Beyond:
Shifting Identity Landscapes, Identity Development and
“Navigating Genderland”***

**Thursday and Friday, November 9-10, 2023
1:00PM-4:15PM Thursday, 3 CEs
8:30AM-4:00PM Friday, 6 CEs
Hyatt Place in Dewey Beach, DE**



Presented by Sarah E. Burgamy, Psy.D.

depsych.org

DAY 1 PROGRAM AGENDA

12:00PM-1:00PM – Registration (Light refreshments will be served)

1:00PM – 4:15PM- Session (one 15-minute break)

Following the conclusion of this session will be the DPA's Annual Business Meeting from 4:15-5PM. Happy hour is 5PM-8PM at the Hyatt Place Dewey Beach and then Psychology Bingo to follow at the Starboard.

DAY 1 PROGRAM DESCRIPTION

LGBTQ++... "Alphabet Soup" and Beyond: Shifting Identity Landscapes, Identity Development and "Navigating Genderland" (3 CE Credits)

This workshop fulfills the Delaware Board of Examiners of Psychologists mandated licensing requirement of 3 continuing education credits in equity, diversity and inclusion (EDI).

This program will focus on the current psycho-social landscape of sexual orientation and gender diverse identities, evolving nomenclature, developmental considerations, as well as the implications for mental/behavioral healthcare navigating culturally competent care in a non-binary gender system.

DAY 1 WORKSHOP OBJECTIVES

At the completion of this workshop, attendees will be able to:

1. Conceptualize gender identity development through a developmental lens. (EDI)
2. Identify and assess for unique challenges and considerations of gender diverse individuals, as well as conceptualize gender identity within a non-binary system. (EDI)
3. Exhibit a working knowledge of the various identities covered by the acronym LGBTIQQ+, as well as additional identity categories and labels germane to sexual orientation and gender identity. (EDI)

DAY 2 PROGRAM AGENDA

7:30AM-8:30AM – Registration and Breakfast

8:30AM-12:00PM – Morning Session (one 15-minute break)

12:00PM-1:00PM – Lunch (will be provided)

1:00PM-4:15PM – Afternoon Session (one 15-minute break)

DAY 2 PROGRAM DESCRIPTION

What's New in Genderland: Evolving Professional Guidelines, Clinical Implications and Culturally Competent Therapeutic Practice (6 CE Credits)

This workshop fulfills the Delaware Board of Examiners of Psychologists mandated licensing requirement of 3 continuing education credits in equity, diversity and inclusion (EDI), as well as 3 continuing education credits in ethics.

This program will focus on the broader context of how gender diversity may present in family systems, communities, and parenting. It will also address assessment, treatment, support, advocacy, ethics, professional standards and multidisciplinary care with gender diverse children, adolescents, adults, family systems, and communities. We will identify and describe clinician role, responsibilities, evidence based best practice models and applied practice guidelines in gender competent care.

DAY 2 WORKSHOP OBJECTIVES

At the completion of this workshop, attendees will be able to:

1. Identify and assess for unique challenges and considerations of gender diverse children, adolescents, and adults. (EDI)
2. Explain the role of the behavioral health provider in multidisciplinary care (e.g. collaborating with medical providers), as indicated, in support of gender diverse people and family/support systems. (EDI)
3. Discuss how APA Ethical Principles of Psychologists and Code of Conduct 2017 applies to clinical psychological practice with transgender and gender diverse people. (Ethics)
4. Apply prevailing practice guidelines and standards of care for gender diverse individuals. (Ethics)
5. Describe at least two significant changes to gender related diagnoses in major diagnostic manuals – DSM and ICD. (EDI)
6. Utilize the APA Multicultural Guidelines: An Ecological Approach to Context Identity, and Intersectionality, 2017 in providing gender competent behavioral healthcare. (Ethics)

TARGET AUDIENCE

The DPA plans and promotes programs serving the continuing educational needs of psychologists and professionals across a variety of disciplines. Through the provision of high quality programming, the DPA hopes to support psychologists and other mental health professionals in their commitment to provide ethical, culturally sensitive and competent services to our community.

ABOUT THE PRESENTER

Sarah E. Burgamy, Psy.D. is the founder of a private practice in Denver, Colorado, PhoenixRISE, with specialty offerings in identity development, sexual minority competency as well as transgender and gender diverse identities in adults, adolescents and children. Dr. Burgamy received her doctorate degree from the University of Denver, Graduate School of Professional Psychology, in Clinical Psychology, with an emphasis on child and adolescent development.

Dr. Burgamy has provided presentations and trainings in diverse professional settings, both on a local and national level in educational settings from preschools to colleges and universities, in healthcare settings such as the Colorado Children's Hospital, the University of Colorado Anschutz Medical Campus, Denver Health, and the Department of Veterans Affairs in New Haven, CT, as well as in the public and private community and professional sectors for organizations such as Big Brothers Big Sisters, Colorado Department of Public Health and Environment (CDPHE), Parents Families and Friends of Lesbians and Gays (PFLAG), and Google. Dr. Burgamy has been interviewed or featured in media coverage in The Denver Post series, "Transgender in Colorado," and on the Denver based daytime program, "The Everyday Show" addressing the phenomenon of gender identity and expression in children.

Dr. Burgamy currently serves as a representative of the Society for the Psychology of Sexual Orientation and Gender Diversity (Division 44) to the American Psychological Association (APA) Council of Representatives (2022-2024) and previously served as a member, and 2019 chair, of the APA Committee on Sexual Orientation and Gender Diversity (2017-2019). She is a Past-President of Colorado Psychological Association (CPA) and has previously served as the diversity division chair of CPA - Society for the Advancement of Multiculturalism and Diversity (SAMD). Dr. Burgamy has been a member of the Board of Directors for Urban Peak, a non-profit organization in Colorado serving youth experiencing homelessness or at risk of becoming homeless, since 2008, and joined the Board of Trustees at Stanley British Primary School in Denver, Colorado in 2019. Dr. Burgamy currently serves on the Advisory Committee for the Leadership Institute for Women in Psychology at APA.

PLEASE TAKE NOTE...

LGBTQ++... "Alphabet Soup" and Beyond: Shifting Identity Landscapes, Identity Development and "Navigating Genderland" is sponsored by the Delaware Psychological Association. Attendees will earn a total of 9 CE credits (3 for Thursday and 6 for Friday) upon completion of this workshop. The Delaware Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Delaware Psychological Association maintains responsibility for this program and its contents.

Social workers, marriage and family therapists, and professional counselors can receive continuing education from continuing education providers approved by APA. Because DPA is approved by APA to sponsor continuing education, licensed social workers, licensed clinical social workers, licensed marriage and family therapists, and licensed professional counselors will be able to fulfill their continuing education requirement by attending DPA continuing education programs.

REGISTRATION

Please register at depsych.org. Our website includes discounted rates for full conference attendees. If you have registration questions, please email depsychology@gmail.com or call us at 302-475-1574.

Registration Fees

DPA Members

- Full Conference \$240
- Friday Only \$185
- Thursday Only \$90

Non-DPA Members

- Full Conference \$305
- Friday Only \$230
- Thursday Only \$110

Students

- Full Conference \$125
- Friday Only \$90
- Thursday Only \$55

If you would like to make a \$25 donation to the Equity, Diversity, and Inclusion in Psychology Scholarship Fund, you can do so upon registration on our website at depsych.org.

The DPA recognizes the study and practice of psychology exists within a majority culture that does not afford equitable access and opportunity to all and is striving to actively dismantle policies and processes that oppress individuals and groups. In our effort to shift systemic inequalities and foster inclusion and equality, we are starting a fund that will provide yearly grant awards to students and professionals of color at the secondary, undergraduate, graduate, and post-doctoral levels as well as established professionals and career changers. Awards may be used for a variety of pursuits, that may include, but are not limited to the following:

- Conference fees and travel.
- Clinical consultation support.
- Research support.
- Dissertation consultation support.
- Professional licensure test fees (EPPP, ABPP).
- Test prep materials (GRE, EPPP).
- Other.

Cancellation Policy

Cancellations received by November 6, 2023, will be refunded in full. No refunds will be granted after November 6, 2023.

IMPORTANT NOTICE

THOSE WHO ATTEND THE FULL WORKSHOP WILL RECEIVE NINE CONTINUING EDUCATION CREDITS. THOSE WHO ATTEND THURSDAY ONLY WILL RECEIVE THREE CONTINUING EDUCATION CREDITS. THOSE WHO ATTEND FRIDAY ONLY WILL RECEIVE SIX CONTINUING EDUCATION CREDITS. PLEASE NOTE THAT APA CE RULES REQUIRE THAT WE ONLY GIVE CREDIT TO THOSE WHO ATTEND THE FULL DAY'S WORKSHOP. THOSE SIGNING IN MORE THAN 15 MINUTES AFTER THE SCHEDULED START TIME OR LEAVING BEFORE THE WORKSHOP IS COMPLETED WILL NOT BE ELIGIBLE TO RECEIVE CE CREDIT. ADDITIONALLY, WE ARE UNABLE TO ISSUE PARTIAL CE CREDITS. THIS IS AN APA REQUIREMENT AND NON-NEGOTIABLE.



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The graphic is a vertical rectangle with a blue and green background. It features the text "FOR THE LOVE OF your HEALTH" in large white and yellow letters. Below this is a list of three health tips. A badge on the right side of the graphic reads "AMERICA'S 50 Best HOSPITALS 2022" with the Healthgrades logo. At the bottom is the ChristianaCare logo, which consists of a stylized green and blue flower icon followed by the text "ChristianaCare" in a green sans-serif font.