



*The Delaware Psychological Association
presents:*

***An Evidence-Based Approach
to Assessment of Autism
Spectrum Disorder in Adults***

***Friday, March 31st, 9AM-12:15PM
Virtual Event (Zoom)***

***Presented by:
Robert L. Mapou, Ph.D., ABPP-CN, and
Gretchen Schoenfield, Ph.D., ABPP-CN
3 CE Credits***

Register at depsych.org

PROGRAM DESCRIPTION

As with autism spectrum disorder (ASD) being discussed more on social media, neuropsychologists are seeing increased referrals of adults for ASD assessment. There is also an increased emphasis on recognizing neurodiversity. Some referred adults have complex histories with no prior diagnosis, requiring the neuropsychologist to sort through possible diagnoses, while others need an updated assessment for previously diagnosed ASD or Asperger's disorder. This workshop will provide overview of assessment of ASD in adults. First, a summary of the limited research on ASD in adults will be presented, with a focus on assessment methods and the concept of neurodiversity. Next, a proposed assessment model, based on the first author's work over the past five years (Mapou, in press) will be presented. Third, intervention and supports for adults with ASD will be covered briefly. Finally, case examples from the workshop presenters' clinical practices will be presented.

WORKSHOP OBJECTIVES

At the completion of this workshop, you will be able to:

1. Summarize research on ASD in adults, including relevant research on diversity.
2. Apply interviews and tests based on research for diagnosing ASD in adults.
3. Describe interventions and supports for adults with ASD.

TARGET AUDIENCE

The DPA plans and promotes programs serving the continuing educational needs of psychologists and professionals across a variety of disciplines. Through the provision of high-quality programming, the DPA hopes to support psychologists and other mental health professionals in their commitment to provide ethical, culturally sensitive and competent services to our community.

ABOUT THE PRESENTERS

Robert L. Mapou, Ph.D., ABPP-CN

Dr. Robb Mapou received his Ph.D. in clinical psychology from Emory University, in Atlanta, GA and completed pre-and postdoctoral training in neuropsychology in Atlanta and in Boston, MA. He is the principal of Oceanside Neuropsychology, in Rehoboth Beach, Delaware and a part-time clinical neuropsychologist with the Center for Assessment and Treatment, in Chevy Chase, Maryland. He sees adolescents, adults, and seniors with a range of neurological conditions, including concussion, more severe traumatic brain injury, dementia, and stroke. However, for almost 30 years, he has specialized in the evaluation of adolescents and adults with neurodevelopmental disorders (learning disorders, attention-deficit/hyperactivity disorder, autism spectrum disorder). In addition, he specializes in Federal Aviation Administration-mandated evaluations for airman medical certification.

Dr. Mapou is board-certified in clinical neuropsychology by the American Board of Professional Psychology (ABPP). He holds faculty appointments in the Department of Neurology at Georgetown University School of Medicine, and the Departments of Psychiatry and Neurology at the Uniformed Services University of the Health Sciences. Dr. Mapou is nationally recognized within the neuropsychology community for his work on learning disabilities and ADHD in adults. He has published and presented widely on this topic, as well on neuropsychological assessment, cognitive and behavioral effects of traumatic brain injury, the neurobehavioral effects of HIV disease, and other neuropsychological issues. For many years, he was a regular continuing professional education workshop presenter at the annual American Psychological Association convention and has been invited to present at the annual meetings of the International Neuropsychological Society, American Academy of Clinical Neuropsychology, National Academy of Neuropsychology, state neuropsychology societies, and state psychological associations. He is the senior editor of the 1995 book, *Clinical Neuropsychological Assessment: A Cognitive Approach*. His second book, *Adult Learning Disabilities and ADHD: Research-Informed Assessment*, was published by Oxford University Press in 2009. Dr. Mapou has served on the editorial boards of *Neuropsychology*, the *Journal of Head Trauma Rehabilitation*, and the *Journal of the International Neuropsychological Society*, and serves as an *ad hoc* reviewer for other neuropsychological journals. He was on the board of directors of the American Academy of Clinical Neuropsychology (AACN) from 2002 to 2007 and served as President from 2004 to 2006 and Vice President from 2002 to 2004. He served as Member-at-Large on the Board of Directors of the National Academy of Neuropsychology from 2011 to 2013. He has served on committees for the Maryland Psychological Association, the Society for Clinical Neuropsychology of the American Psychological Association, the International Neuropsychological Society, and the AACN.

Dr. Mapou's most recent publications include a 2019 exchange in *The ADHD Report* with Dr. Russell Barkley regarding the usefulness of neuropsychological evaluation during ADHD assessments, a 2022 article in *Psychological Injury and the Law* about the loosening of the definition of neurodevelopmental disabilities, and an upcoming book chapter on interviewing adults for neurodevelopmental disorders during neuropsychological evaluations.

Gretchen Schoenfield, Ph.D., ABPP-CN

Dr. Schoenfield received her doctorate from the University of Arizona in Tucson, Arizona and completed pre- and postdoctoral training in clinical psychology and neuropsychology in Tucson as well. She is a clinical neuropsychologist at MaineHealth Neurology in Scarborough, Maine and is in part-time private practice in South Portland, Maine. She sees adult and older adults for assessment and treatment of a range of neurological disorders and has a special interest in neurodegenerative disorders. She also specializes Federal Aviation Administration-designated neuropsychological evaluations for adults pursuing airmen medical certification.

Dr. Robb Mapou



Dr. Gretchen Schoenfield



PLEASE TAKE NOTE...

“An Evidence-Based Approach to Assessment of Autism Spectrum Disorder in Adults” sponsored by the Delaware Psychological Association, has been approved for 3 CE credits. The Delaware Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. The Delaware Psychological Association maintains responsibility for this program and its contents.

Register at depsych.org

REGISTRATION

Please register online at depsych.org. If you have registration questions, please email delpsihology@gmail.com or call us at 302-475-1574.

Registration Fees (Virtual Option, Recording Available for Purchase):

DPA Members	\$75 (Optional \$25 Donation)*
Non-Members	\$105 (Optional \$25 Donation)*
Students	\$45

*If you would like to make a \$25 donation to the Equity, Diversity, and Inclusion in Psychology Scholarship Fund, you can do so upon registration on our website at depsych.org.

The DPA recognizes the study and practice of psychology exists within a majority culture that does not afford equitable access and opportunity to all and is striving to actively dismantle policies and processes that oppress individuals and groups. In our effort to shift systemic inequalities and foster inclusion and equality, we are starting a fund that will provide yearly grant awards to students and professionals of color at the secondary, undergraduate, graduate, and post-doctoral levels as well as established professionals and career changers. Awards may be used for a variety of pursuits, that may include, but are not limited to the following:

- Conference fees and travel.
- Clinical consultation support.
- Research support.
- Dissertation consultation support.
- Professional licensure test fees (EPPP, ABPP).
- Test prep materials (GRE, EPPP).
- Other.

CANCELLATION POLICY

Cancellations received by March 29, 2023, will be refunded in full. No refunds will be granted after March 29, 2023.

Register at depsych.org

IMPORTANT NOTICE

THOSE WHO ATTEND THE WORKSHOP AND COMPLETE THE APA EVALUATION FORM WILL RECEIVE THREE CONTINUING EDUCATION CREDITS. PLEASE NOTE THAT APA CE RULES REQUIRE THAT WE ONLY GIVE CREDIT TO THOSE WHO ATTEND THE ENTIRE WORKSHOP. THOSE ARRIVING MORE THAN 15 MINUTES AFTER THE SCHEDULED START TIME OR DEPARTING BEFORE THE WORKSHOP IS COMPLETED WILL NOT BE ELIGIBLE TO RECEIVE CE CREDIT.



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